Multi-organ damage is a hallmark of severe COVID-19



Disclaimer: This is a summary of an article that is in a preprint and has not been peer reviewed.



Systematic summary of the GO pathways enriched by tissue-enhancedproteins that exhibited altered expression among control, mild, and severe patient groups. The heatmap of each panel indicates of tissuesexpression patterns enhancedproteins among control, mild, and severe patient groups. The fold changes tissue-enhancedproteins between in mild/severe patient samples and control

samples are shown on the right of heatmap. (Source; Chen et al., Pre-Print)

Dysregulated immune responses along with metabolic dysfunction can lead to multiple organ failure, which seems to be a hallmark of COVID-19 severity. In a recent pre-peer reviewed paper, authors used a transcriptomic, proteomic and metabolomic approach in peripheral blood to distinguish the range COVID-19 severity in 66 individuals with confirmed symptoms. There was "continuous activation of IFN-I signalling and neutrophils and a high level of inflammatory cytokines" in severe disease. COVID-19 in mild patients was "characterised by robust T cell responses". Poor outcomes with severe COVID-19 were associated with increased levels of D-dimer and fibrinogen degradation products and a decrease in F13A1 expression, indicating that blood clotting status may be one key factor to monitor in COVID-19 progression.

Article: Chen et al., Pre-print. <u>COVID-19 severity is</u> <u>associated with immunopathology and multi-organ damage</u>. MedRxiv

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